

## **SolarInnovate Energy Solutions**

# Which outdoor power supply is better in Bergen Norway





#### **Overview**

Most European countries with a few exceptions uses the same electrical plugs as we do in Norway. The only exception in Europe is the UK and Ireland, which have their own type of electric plug that is share.

Which power outlets do they use in Norway?

Norway uses power plugs and sockets that are type F. The standard voltage is 230 V with a frequency of 50 Hz. The type F plug is usually inset and has two circular prongs. It's good to know that this particular plug also works with plugs that are type C and E, often used in other European countries.

What type of plug does Norway use?

Norway mainly uses the electric plug type called Type F (Schuko) with 230 V voltage and 50 Hz frequency. These are compatible with electronics that use Type F, Type C and Type E. All other types need an adapter or even converter. Different electric plugs in Norway. Photo by The Norway Guide.

What is the voltage in Norway?

Just like the rest of Europe, the voltage in Norway is 230 volts and the frequency is 50 Hz. Norway has standardized on type F sockets and plugs. Type C and type E plugs can also be used thanks to their compatibility with type F sockets.

What does a travel plug adapter look like in Norway?

When you are going on a trip to Norway, be sure to pack the appropriate travel plug adapter that fits the local sockets. But what do those electrical outlets look like?

In Norway, types C and F are the official standards. Like almost all Continental European countries, Norway has standardized on the German plug and socket system.

Are plug sockets allowed in Norway?



Typically, type C plug sockets are not allowed to be installed in Norway: these outlets are not earthed and are therefore considered dangerous. Only type F power points are permitted because they are grounded and therefore significantly safer. The only (and rare) exception to this rule is that an old type C outlet should be replaced by a new one.

Where can I buy a power adapter for Norway?

There are many different types of adapters available on Amazon that can be used in Norway. You can purchase a universal adapter that will fit most outlets in the world, or you can purchase a specific adapter for Norway. → Find travel adapters on Amazon. What Voltage and Frequency Are Used in Norway?



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### Pros and Cons of Living in Bergen, Norway , Expat Exchange

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